

MusclePharm Research Institute / 303-396-6105 / Research@MusclePharm.com

PARTICIPANTS WANTED FOR RESEARCH STUDY:

Cognitive Effects of Spearmint Extract Supplement

DETAILS

- ° MusclePharm Sports Science Institute is looking for volunteers to participate in a research study evaluating the effects of a spearmint extract on cognitive performance
- ° Compensation for time and travel: \$100 in MusclePharm products or cash

TO PARTICIPATE

- ° Must be male or female between 18-50 years old.
- ° Must be available for 2-3 hours on 5 separate testing days
- ° Must be in good physical condition and recreationally-active (participate in structured exercise 2 or more days per week)
- ° Must be willing to maintain your regular diet, sleeping pattern, and physical activity throughout the study period

BRIEF REQUIREMENTS

Visit 1 – Familiarization: become familiar with cognition testing, fill out paperwork

Visits 2-5 – Testing: cognitive, bloodwork, questionnaires

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